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FDA EXPANDS CONSUMER WARNING TO INCLUDE ALL FRESH SPINACH

(Richmond, VA)--The Food and Drug Administration (FDA) has updated its Internet Web site to expand its warning to consumers to avoid eating fresh spinach as a result of the ongoing investigation of the E. coli 0157:H7 multi-state outbreak.

The Virginia Department of Health urges residents to avoid all fresh spinach and products that include fresh spinach until the warning is lifted.

For further information the FDA has established a consumer hotline: 888-SAFEFOOD

People who get sick from E. coli 0157:H7 usually do so within three to four days after eating contaminated foods. If you have eaten raw spinach within the last several days and experience gastro-intestinal symptoms you may want to contact your physician.

For more information about E. coli 0157:H7, visit www.vdh.virginia.gov

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